

J U L Y & A U G U S T 2 0 1 1

the BEACON

A PROGRESSIVE AND INCLUSIVE COMMUNITY OF DISCIPLES COMMITTED TO
THE MINISTRY OF CHRIST THROUGH OUR WORSHIP AND ACTIONS

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Sunday Schedule

Holy Eucharist:
8:00 & 10:00 AM
Adult Education: 9:00 AM
Sunday School: 9:45 AM

✧ City Week: Reflections ✧ Kate McAllister

I want to share a taste of what CityWeek with EYG was like. Heart's Place Shelter was home base. We slept on wooden cots, took turns showering in two small stalls, and lounged, when the day was done, in a small living area - talking and playing games. Guardian Angel on Huntingdon Avenue is where we spent time working. This year our youth built planter boxes and painted all the planters, benches and each other! There youth sanded and scraped, hauled wheel barrows of dirt, and used bamboo to design a beautiful trellis that will soon become shade for a large picnic table. A welcome sign was made, and of course, there was plenty of sweeping and clean up. I invite you to take a ride into the Remington Community and look at the beautiful porch created through the hard work of our youth!

On Tuesday nights in Remington, the community gathers for a tradition of "Porch Art." Anyone who wants to create artwork, play games or listen to music is invited. It is a wonderful opportunity for our kids to engage with folks of all ages, and is an example of true community living. On Wednesday's, Guardian Angel provides a sit-down dinner for the

community to share. This year it was lovingly made by our youth. They planned, shopped and created an abundance of tasty casseroles. More than that, they each sat with various folks from the community during dinner and had the opportunity to get to know people. Kristofer and I were quite proud of how each of our kids fully participated in this experience.

We invite you to ask our youth to tell you about Abu the flute-maker, "Belly Man", berry-picking and leaf-eating with Roy in Wyman Park. Ask them about local grocery shops and how the soon-to-be-built WalMart may affect them. Ask them why the shelter is not open in the summer or what it's like to walk through the neighborhood. Please ask them what City Week means to them!

Before we left, Pastor Alice asked that we each write our own personal needs, desires or hopes on a large piece of newsprint. The folks at Guardian Angel were going to "specifically" pray for each of us. Amidst the personal needs was one common thread. Each of them hoped they had made a difference in Remington, and desired to take their experiences back to their own neighborhoods in hopes to build better community there. Way to go, EYG!

✧ Clergy Musings ✧

The Rev. Dr. Kathryn Wajda

Last week on June 21, I attended a Summer “Soulstice.” It was a renewal day filled with prayer, poetry, rest, quiet conversation and yoga. Summer makes me think of the beach in New Hampshire, hiking the White Mountains, learning to row a boat when I was five and catching trout in White’s Pond. Families look forward to those special breaks from the usual, away at the beach, visiting family, trying out something new like kayaking or golf, reading for pleasure, putting work aside for a time (a difficult task for many of us).

Benedict invited his followers to consider a time of holy leisure, to see the world as God sees the world, a time to evaluate work, a time be prepared to bump into wonder at every crossroad. Nancy Willard writes this poem titled At Low Tide -

At low tide, when Water opened
her workshop, her shining hands unrolled
a fabric so light I saw straight down
to the loom on which it was born --

long ropes of sands rigid like muscles
on the sea's floor, seeded with
ghostly pebbles polished like eggs
waiting in weedy nests

and a crab claw hugging its shadow
and the pleated rim of a clam,
till the sea threw out a net
that spun itself from the breath of the waves,

in threads so fine I saw its shine
in leaf and stone and the sunset's plumage
and the light that was always there,
waiting for me to find it.

Does wonder have a role in your life? Who or what helps you to be open to wonder? Does the season of summer offer you a special time to wonder? Hafiz is a favorite poet. In a poem titled titled “The Seed Cracked Open”, he writes,

“It used to be that when I would wake in the morning I could with confidence say: “What am ‘I’ going to Do?”

That was before the seed Cracked open. Now Hafiz is certain: “There are two of us housed in this body. Doing the shopping together in the market and tickling each other while fixing the evening’s food. Now when I awake All the internal instruments play the same music: ‘God, what love-mischief can ‘WE’ do for the world today?’”

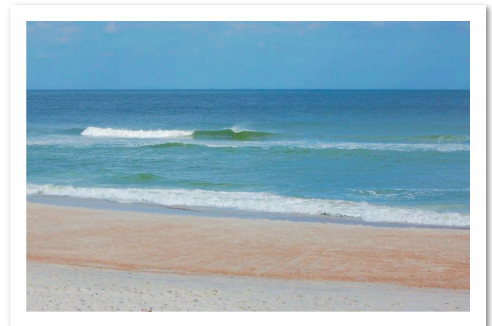
Would your summer be different if the ‘I’ question changed to the ‘WE’ question?

While I was writing this, the bobcat was outside my window preparing the space for the labyrinth. The labyrinth is an ancient symbol that relates to wholeness. It combines the imagery of the circle and the spiral into a meandering and purposeful path. It represents the journey to our own center and back again into the world. It has only one path. The way in is the way out. The labyrinth is a right brain experience. It involves intuition, creativity and imagination. With a maze there are many choices of direction and an active mind is needed to find the way to the center. With the labyrinth there is only one choice. The choice is to enter or not. The choice is whether or not to walk the spiritual path. At its most basic level, the labyrinth is a metaphor for the journey to the center of your deepest self and back into the world with a broadened understanding of who you are. Take some time this summer to walk a labyrinth and be prepared to bump into the wonder of yourself.

I hope you will take care of yourself this summer. I hope you will do something solely for yourself. I hope you will do something soully for yourself. Howard Thurman wrote this: “Don’t ask what the world needs... Ask what makes you come alive and go and do it. Because what the world needs are people who have come alive.”

Many Blessings,

Kathryn



* Parish News *

Outdoor Service

The outdoor service will be Sunday, July 31, 2001. A sign up sheet for participants to bring a dessert or side dish will be in the narthex by early July. Hamburger, hot dogs and beverages are provided by Epiphany. The service will be on the Siperko's lawn, which is just north of the Memorial Garden. We hope everyone can come and be a part of this fun family event."

Epiphany's Labyrinth

A labyrinth has been constructed on the grounds of Epiphany, to the right of the Memorial Garden. The Labyrinth Company designed the kit and it was installed by Interlock Paving. For those not familiar with what a labyrinth is, it is a walking meditation device with a single winding path from the edge to the center. The same path is used to return to the outside. walking a labyrinth is a right brained activity and can induce or enhance a contemplative or meditative state of mind. it is a tool which can clear the mind, calm anxieties during periods of transition or stress, guide healing, deepen self-knowledge, enhance creativity, allow for reconciliation, restore feelings of belonging to a community and lead to personal and spiritual growth.

The history of labyrinths goes back to ancient times. The most famous labyrinth is in the Cathedral of Notre Dame de Chartres outside of Paris. it was constructed out of limestone around the year 1200.

The labyrinth is being donated by Cathy Siperko in memory of her parents, Russell and Irene Schumacher.

Lightning Protection System

A lightning protection system was installed at the church in June by M. Hamilton Lightning Rods of Lakewood, OH at a cost of \$5,450. The Capital Projects Fund was the source of the funds to pay for this project. we can all breathe a sigh of relief now that this system is in place; since we are perched near the top of a hill, it is very important we have this protection. There have recently been churches in the city that have been damaged or destroyed by lightning; with this system in place, that should not happen. Look up at the roof line and you will see the rods.

Repaving the Parking Lot

The Capital Projects Committee is obtaining quotes for the repaving of the main portion of the parking lot, which is in extremely poor condition. The work would be done in the fall. Contributions to the Capital Projects Fund for this work would be greatly appreciated, as we will most likely need to get a loan to fund the work.

Join Me on a Visit to the Holy Land!

Bishop Joe Goodwin Burnett

The "Holy Land," as it is popularly known, is home to three great Abrahamic faiths-Judaism, Christianity, and Islam. Truly this is the "land of the Holy One," and as such draws countless pilgrims year in and year out. This trip is a wonderful opportunity to learn about the great traditions that have their roots here, and to become more aware of the complex social and political forces that have long been the seedbed of division and conflict. But most important, this is a powerful way to gain a deeper understanding of your own Christian faith and practice. To learn more about the trip, visit www.episcopalmaryland.org

A Summer Invitation: Spend a week at Claggett!

Join the many campers already registered for [Summer Camps](#) at the Bishop Claggett Center. Each week is filled with friendships, informal worship, outreach projects, and outdoor fun - swimming, biking, campfires, skits, crafts, games and more.

Dates for [SUMMER CAMP 2011](#)

- Middle School Week - July 10
- Elementary Week - July 17
- Mid Mission Adventure - July 24
- High School Mission Week - July 24
- Youth Adventure Camp - July 31
- Special Challenge Week July 31- Aug 4

Check out our website www.claggettcenter.org for more information. We hope to see you here this summer!

* Parish Outreach *

Neighbor-to-Neighbor Update

Kate McAllister

As you well know, the number one goal of N2N is to prevent homelessness. With that said, we are proud to report that nine out of nine families continue to live in their homes. But there's more! Working in small groups has brought about some real transformations. We have watched as two people obtained better jobs and another was able to pursue her certification in Zumba training - which makes her light up brighter than the sun! When she started with us, one of our participant always wore drab colors and walked with her head down and shoulders hunched; now she walks with her head held high dressed in bright colors. Our families have been bonding with one another. They share stories and resources; they recommend favorite books and recipes. Some have begun walking together as a daily routine. We have watched as one put another year of college behind her. A newer participant has begun an internship in the city morgue and enthusiastically shares gruesome stories to the amusement of the rest of the group. Although the work of N2N is messy (we are dealing with human beings!), the joy of watching our families grow into true community far outweighs the struggles that we deal with. We have just finished the interviewing process and will be working with eight new families by the end of July. We invite anyone who is interested to speak with either Kristofer or me about volunteer opportunities. There are a number of ways to become involved and I promise that the time spent does make a difference. Thank you for your support of this important ministry!

United Thank Offering Update

Sue Elinsky

EPIPHANY = GRATEFUL PEOPLE!! At the Diocesan Convention in May, Christine Harris, Epiphany's delegate, presented a check for almost \$300.00 for the United Thank Offering (UTO). We had re-introduced UTO to Epiphany just 2 months before. Those pennies, nickels, dimes and quarters really add up. Our next ingathering will be in October so keep those little blue boxes in a prominent place and "count your blessings"!!

News from the Helping Up Mission

HUM volunteer Betty Gudeman teaches a 6-week study in "The Purpose-Driven Life." As they go through the book, one of the purposes that is discussed is that of "mission." Each time Betty teaches the study, when they reach the segment on mission, Betty finds a project that her group can do to apply what they're learning. Most recently, she took a group to clean debris out of a nearby alley. "In our group, I encourage them to realize that for this time in their life, this is their community and they need to be active in the community where they live. We discuss the fact that doing things to help others without expecting anything in return is a very important part of recovery. It is teaching them to think about others instead of focusing on themselves," says Betty.

Epiphany Staff

Rector: The Rev. Dr. Kathryn Wajda
Associate Rector: The Rev. Kristofer Lindh-Payne
Deacon: The Rev. Dean Pugh
Director of Music: Mary Hamlin Spencer
Parish Administrator: Susan Beares
Financial Secretary: Liz Witty
Daycare Center Director: Elaine Kraus
Neighbor-to-Neighbor Coordinator: Kate McAllister

Contact Information

Parish Office: [410-252-4465](tel:410-252-4465)
Hours Monday - Thursday, 9:00AM-4:00 PM
Email: epiphany@qis.net
Web: www.epiphanydulancyvalley.com
Daycare Office: [410-252-4468](tel:410-252-4468)

✧ WiLD Women ✧

The Rev. Dr. Kathryn Wajda

The first WiLD Women event was a great success! Please join us for our second gathering.

Heifer Project International's Women in Livestock Development (WiLD) women project recognizes that women are a powerful force in their homes, communities and nations when they are offered an opportunity to succeed. Heifer recognizes that women often act as catalysts for change and progress.

What is a WiLD Woman?

- A WiLD woman dares to dream
- A WiLD woman stands up for her beliefs
 - A WiLD woman fights for her family
 - A WiLD woman overcomes any obstacle
- And a WiLD woman does it all with grace and strength



Join us in celebrating the WiLD women in our lives while supporting Heifer International's WiLD projects!

**Women of Epiphany: please join us for a women's night out
(the second of many WiLD Women events!).**

August 6th, 6:00 – 9:00 PM

Liz & Steph's House

1511 Norman Ave., Lutherville

Bring something to nibble and wine or a preferred beverage - feel free to bring a WiLD woman or two along with you! There may be dancing, card-making, friendship rituals - details are still being decided, but we're sure to talk and laugh.

Cost per person - \$10. All money goes to Heifer WiLD Women Projects. To learn more, please visit:

<http://www.heifer.org>

* July & August Events *

Sunday (same each week unless noted)

8 & 10 am Holy Eucharist

9 am Adult Education

Summer Children's Program

Sunday, July 17

Wednesday, July 20

Adult Education 9:30-10:30

Sacred Parenting 3:30

Sunday, July 24

Tuesday, July 26

Lunch Bunch 12 noon

Arden Courts 1:30 pm

Wednesday, July 27

Adult Education 9:30-10:30

Sacred Parenting 3:30

Friday, July 29

Vestry and spouses at the Orr's

Sunday, July 31

8:00 Holy Eucharist

10 am Outdoor Holy Eucharist, picnic and pool party

Wednesday Aug 3

Adult Education 9:30-10:30

Sacred Parenting 3:30 (last)

Saturday Aug 6

Wild Women 6-9 pm

Sunday Aug 7

Tuesday Aug 9

Arden Courts 1:30 pm

Wednesday Aug 10

Adult Education 9:30-10:30

Sunday Aug 14

Wednesday Aug 17

Adult Education 9:30-10:30

Sunday Aug 21

Wednesday Aug 24

Adult Education 9:30-10:30

Sunday Aug 28

Tuesday Aug 30

Lunch Bunch 12 noon

Arden Courts 1:30 pm

Wednesday Aug 31

Adult Education 9:30-10:30

✧ Prayers & Thanksgivng ✧

Epiphany Prayer List

Edward Barczak	Pat Irvin
Dotty Benevenuto	Jesse Jacobs
Sheila Bentz	Jim
Keith Bien	Justin Lane
Caroline Brock	Rebeckah
Marge Bryant	McCormack
Pearl Bryant	Roberta Nevitt
Al Church	Laurie Oleynick
Frank Clark	David Raffetto
John Cool	James Raffetto
Marion Coyle	Mark Reid
Robert Duffy	Sharon Scheidt
Jeanette Eatherly	Harriett Tischler
Eva Gilbert	Sherri Trieber
John Gilbert	Lois Turner
Betty Hammann	Janet Witty
David Harker	Leigh
Monica Humble	

Noreen Frohme - July 16
Sophia Niehenke - July 16
Stephanie Sundermann-Zinger - July 17
Lois Turner - July 20
Barbara Hottle - July 22
Craig Martin - July 24
Chris Pittman - July 24
Scott Frohme - July 28
Mac McDonald - July 30
Allison Belt - August 1
Erin Brock - August 1
Catlin Gosnell - August 1
Mary Hamlin-Spencer - August 2
Ed Barker - August 5
Dana Martin - August 5
Christina Harris - August 6
Kemp Lehmann - August 7
Mickey Brock - August 9
Vivienne Fregeau - August 9
Anjali Cornish - August 10
Steven Siperko - August 11
Tyler Waters - August 14
Pam Zavitz - August 15
Brandon Gosnell - August 18
Sean Sullivan - August 19
Denise Thomsen - August 19
George Tracy - August 26
Rebecca Boyce - August 27
Barbara Murphy - August 30
Robert Cooke - August 31

July & August Anniversaries

Michael & Meg Fregeau - July 5
Michael & Nadine Moore - July 11
Dick & Nicki Ridenour - July 15
Christopher & Lisa Wilson - July 24
Bruce & Marge Bryant - August 4
Bill & Dayla Gammon - August 5
William & Gail Meloy - August 11
Chris & Gail Overcash - August 21
Alicia Cool & Chris Sybert - August 28
Kristofer & Heather Lindh-Payne - August 28

July & August Birthdays

Anisha Cornish - July 1
David Doyle - July 3
Sarah Korn - July 9
Cathy Siperko - July 11
Emma Hardisky - July 12

J U L Y & A U G U S T 2 0 1 1

the
BEACON

EPIPHANY EPISCOPAL CHURCH

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